

# Coronavirus (COVID-19)

## How to avoid infection with *Lymphoma/CLL*



**WASH YOUR HANDS**  
with soap and water  
for 20 seconds or use  
alcohol-based hand wash.



**CLEAN AND DISINFECT  
YOUR HOME**  
to remove germs from  
frequently touched  
surfaces such as mobile  
phones, doorknobs,



**KEEP A SAFE DISTANCE**  
between yourself  
and others of at least  
1.5 metres between  
yourself and others,  
outside of your home.



**AVOID PEOPLE WHO  
ARE UNWELL**



**AVOID CROWDS**  
especially in poorly  
ventilated spaces.



**AVOID ALL  
UNESSENTIAL TRAVEL**  
including plane trips, and  
especially avoid embarking  
on cruise ships.



For more information see the  
Australian Government Health website:  
[www.health.gov.au/news](http://www.health.gov.au/news)

